



Mental Health Transformation Grant

Lake-McHenry Veteran's & Family Strategic Initiative (LM-VFTIS) Lake County Health Department & Community Health Center

Local Service Area: Lake County and McHenry County, IL

Primary Service Focus: Military Families

Secondary Focus: Trauma and Justice

Project Director: Theodore Testa

Project Team Members: Andrea Norwood-Mathews, Alyssa Minger, Jeri Laureano, Ruth Costello, Sandy Lewis, Jordan Wheeler, Mary Jean Hodgins

CMHS Project Officer: David Morrisette

Evidence-Based Practice(s): Critical Time Intervention; WRAP; TREM; Motivational Interviewing

Project Description: *The Lake-McHenry Veteran's and Family Strategic Initiative (LM-VFTIS)* serves veterans 18 years and older and their families with signs of or at risk of mental illness. Through a transformed consumer-guided system, rigorous outreach, screening, early intervention, provider training in trauma-informed care delivery, and promotion of recovery principles. The grantee proposes to 1) reduce psychiatric hospitalizations through mental health and substance abuse screening and outreach; 2) reduce homelessness through peer-to-peer support and Critical Time Intervention; 3) increase trauma screening and support services through the use of Screening Brief Intervention and Referral to Treatment (SBIRT), PTSD and depression screening, and WRAP planning; and 4) workforce development training concerning trauma-informed care.